



Warm Tahini Lentil Bowl

**Simple
grains.
Delicious
meals.**

Creating nutritious student- and parent-
approved K-12 menus that foodservice
directors can count on starts with
BEN'S ORIGINAL™ Rice & Grains.

**Ben's
Original™**

Incorporate the latest trends in K-12 menus with the world's leading rice brand.

Bold and global flavors, from fried rice to bowls, **lead the way** in four-year growth when it comes to menu innovation for children¹

Cooks up fuller and fluffier for **greater yield**

Holds longer than the competition—up to four hours

Versatile preparation methods—stovetop, oven, combi oven, steamer and rice cooker

Thai Shrimp Shaker Salad



Perfect for portable and trendy grab-and-go recipes

BEN'S ORIGINAL™ helps meet K-12 grain requirements

A ½-cup serving of BEN'S ORIGINAL™ Whole Grain Brown Rice helps meet daily grain requirements for schools set forward by the USDA.

	K-5	6-8	9-12
BREAKFAST			
Per Day Equivalent	1 oz.	1 oz.	1 oz.
Per Week Equivalent	7-10 oz.	8-10 oz.	9-10 oz.
LUNCH			
Per Day Equivalent	1 oz.	1 oz.	2 oz.
Per Week Equivalent	8-9 oz.	8-10 oz.	10-12 oz.

ZREP	BEN'S ORIGINAL™ Product
423510	BEN'S ORIGINAL™ Whole Grain Brown Rice 1/25 lb.
423503	BEN'S ORIGINAL™ Whole Grain Brown Rice 6/5 lb.
424859	BEN'S ORIGINAL™ Mexican Fiesta Rice 6/25.9 oz.
424865	BEN'S ORIGINAL™ Original Rice Pilaf 6/36 oz.
424857	BEN'S ORIGINAL™ Spanish Style Rice 6/36 oz.
424847	BEN'S ORIGINAL™ Classic Cornbread Stuffing 6/56 oz.
424845	BEN'S ORIGINAL™ Traditional White Bread Stuffing 6/58 oz.



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For recipes and promotions, visit MarsFoodservices.com